

Teresa Lima Aires

Trainee

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Teresa Lima Aires joined VdA in 2025. She is a Trainee in the Labour area of practice.



Academic background

Law degree from the Faculty of Law of the Portuguese Catholic University of Porto.

Other professional background

Before joining the firm, she worked as a summer trainee at VdA in 2024.

She also completed a traineeship at Gama Lobo Xavier, Luís Teixeira e Melo Associados.

Member of

Admitted to the Portuguese Bar Association as a Trainee Lawyer.

Languages

English, Spanish.