

Inês de Meneses

Trainee Labour

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Inês de Meneses joined VdA in 2025. She is a Trainee in the Labour area of practice.



Academic background

Double degree in law and management at the Catholic University of Porto.

Studied one semester at Pontificia Universidad Javeriana in Bogotá, Colombia.

Other professional background

Before joining the firm, Inês worked as a consultant at Hitachi Solutions Portugal between 2022 and 2025.

Member of

Admitted to the Portuguese Bar Association as a Trainee Lawyer.

Languages

English, French, Spanish.