

Regina Lourenço Baptista

Trainee Competition & EU

(+351) 21 311 3400

rlb@vda.pt

Regina Lourenço Baptista joined VdA in 2025. She is a trainee in the Competition & EU practice.



Awards & Recognitions

Received the Caixa Geral de Depósitos Award for the highest average in her Undergraduate Degree.

Was awarded best oralist at the intermediate national rounds of the Philip C. Jessup International Law Moot Court.

Academic background

LLB at the Portuguese Catholic University of Lisbon.

Post-graduation in Corporate Finance, Restructuring & Litigation.

LLM at the London School of Economics and Political Science.

Other professional background

Before joining the firm, she did an internship at the CNN Portugal International Newsroom (2024) and she interned at the Permanent Mission of Portugal to the United Nations in New York (2022/2023).

Regina also did a mini summer legal internship at CS'Associados (2022) and joined VdA as a summer legal intern in 2022 with the Tax Team.

Member of

Admitted to the Portuguese Bar Association as a Trainee Lawyer.

Languages

English, French.